



March 15, 2020

Families & Community:

The below communication was posted to our district Facebook page yesterday. I will be sending all pertinent communications out via Honeywell for those who do not have Facebook.

Best,

Randy

March 14, 2020

What a whirlwind 72 hours.

The Administrative team is meeting Monday to specifically discuss academics and supporting families and students during this time. We will continue to meet bi-weekly or more via Google hang out. At this time, central office will remain open. I can be reached at fleenorr@lakewoodps.org. We are all in uncharted waters here. But one thing will remain constant: we will focus best we can on what is best for our students and families.

Undoubtedly, this is bringing disruption to students and families. The excitement of being out of school will quickly fade and give away to the potential for confusion, feeling disconnected, and the randomness that comes from not having a schedule. Additionally, many will be worried about the virus itself.

Besides academics, we are concerned about wellness. We want to make sure that we are connecting with families and offering support.

VIKING MOBILE MEALS, March 14, 2020

There are comments and rumors circulating that Lakewood Public Schools will not be offering food to its students. This is not true. We are currently working on a plan to deliver breakfast and lunch to multiple stops throughout our district. Please understand and extend grace as these logistical items take a massive amount of coordination and work in a very short period of time. In the meantime, Manna's Market is a very good resource if you are in need of many items. Clarksville Bible Church will be serving lunch to any Lakewood student beginning Monday, March 14, 2020. Again, we are hoping to have a schedule and locations out early this week.

EMPLOYEE TESTING UPDATE, March 15, 2020

You may recall, a communication was recently sent home notifying parents and the community that, as a precaution, we were not having school last Friday due to one of our employees presenting flu-like symptoms. Today, this employee was cleared from quarantine and presented a negative result for COVID-19.



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MANAGING CORONA VIRUS (COVID-19) ANXIETY



For You

- Avoid excessive exposure to media coverage
- Connect through calls/text/internet
- Add extra time for daily stress relief
- Practice self-care
- Focus on your mental health

BlessingManifesting

For Kids

- Reassure them that they're safe
- Let them talk about their worries
- Share your own coping skills
- Limit their news exposure
- Create a routine & structure

For Quarantine/Isolation

- Keep in contact with your loved ones via social media, texts, and phone calls
- Create a daily self-care routine
- Keep yourself busy: games, books, movies
- Focus on new relaxation techniques